Opiates and the Use of Narcan

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Disclosure

• Nothing to disclose



Objectives

- Understand where opiates come from and how they are used
- Learn how opiates work and why they are habit forming
- Know when and how to use Narcan



Opiate Origination

- Opiates come from Opium
 - poppy plant Papaver somniferum



Opium Harvesting

<u>https://youtu.be/tlr_w3rXX5o</u>



'Latex' is harvested, dried and chemically processed to produce morphine.



Make up of Opium

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CH₃

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 CH_3

H₃C

H∎

HO"

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 CH_3

HO

H•

HO,,

H₃CO

H

H₃CO

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- Morphine
 - 10%-25
- Codeine
 - 1%-3%
- Thebaine

Opiates vs Opiods

 The term opiate should be differentiated from the term opioid, which includes all drugs with opium-like effects, including opiates, semisynthetic opioids derived from opiates and synthetic opioids which are not derived from opiates.







Opiates vs Opiods

- True opiates
 - Morphine, codeine and thebaine
- Semi synthetics produced from true opiates
 - Heroin (prodrug of morphine), hydrocodone, hydromorphone, oxycodone, and oxymorphone
- Full synthetic
 - Fentanyl, methadone and buprenorphine (subutex)



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Many other names

- Oxy's
- Perc's
- Roxy's
- Hydro's
- B
- Balloon
- Dope
- Smack
- H
- Train
- Thunder
- Tar
- Smack
- Mud

- Black tar
- China whitehorse
- Junk
- Antifreeze
- Brown sugar
- Henry
- Horse
- Skag
- Hero
- Hell dust
- M
- Miss Emma
- Monkey

- White stuff
- Dreamer
- Schoolboy
- Cough syrup
- T-three's (Tylenol #3 with codeine)
- Vikes
- Viko
- Norco
- Hydro
- Ox
- Oxicotten
- Oxycet







So.

How are opiates used?



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Prescription pills

Hydrocodone Percocet Oxycodone Morphine Hydromorphone Codeine

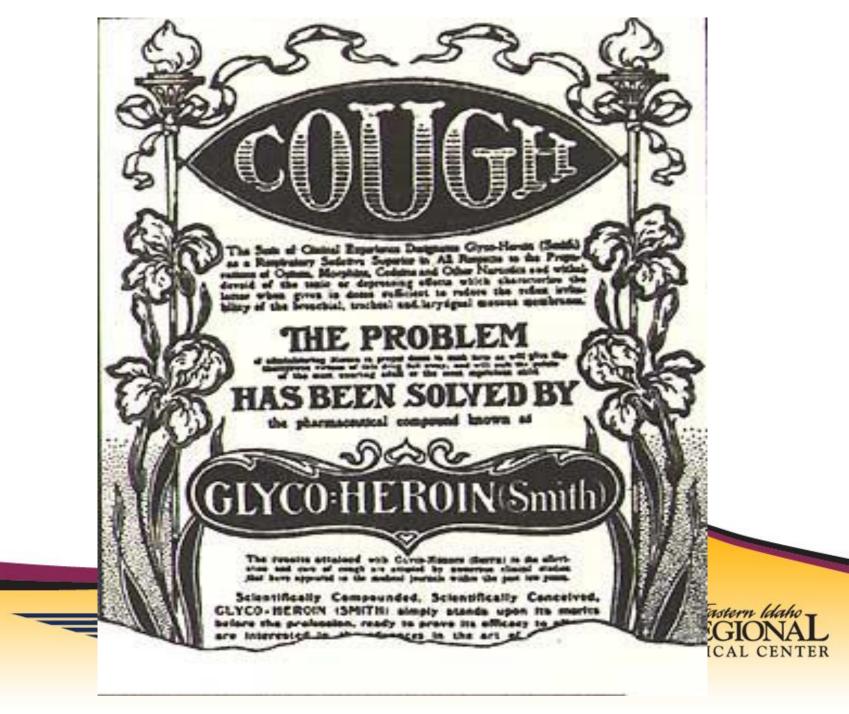




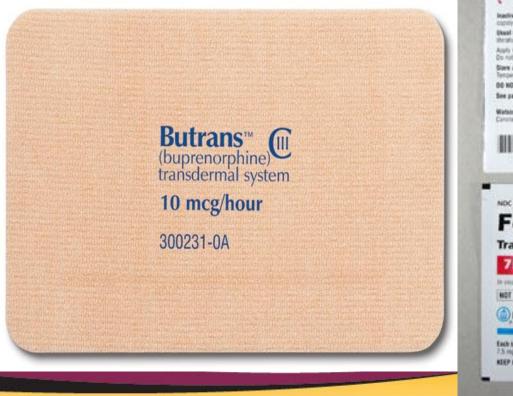


Prescription Heroin?





Prescription patches



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 Heroin is typically sold in "points" (1/10 gram), "8-balls" (1/8 ounce), or a "piece" (1 ounce). A point is about the diameter of a pencil eraser making it very easy to conceal.



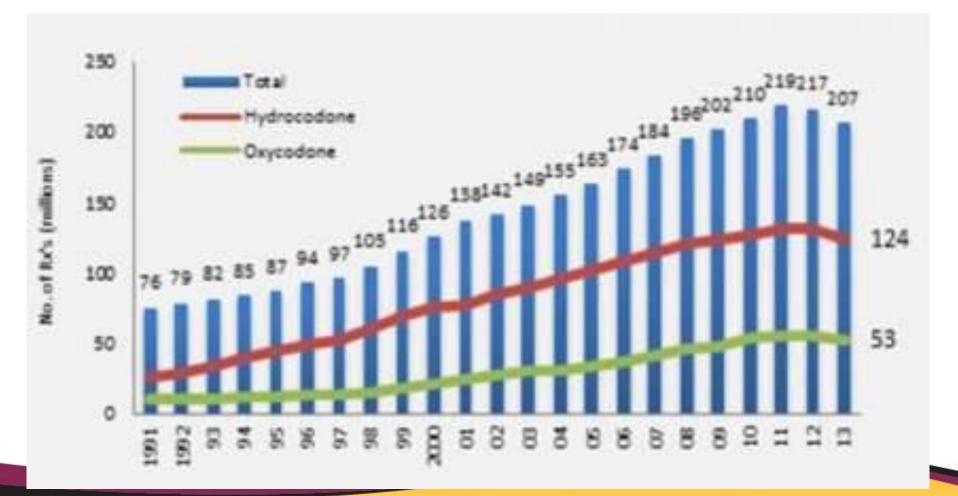




Rise of Opiate Use in the US—Some Statistics

 The United States makes up only 4.6 percent of the world's population, but consumes 80 percent of its opioids -- and 99 percent of the world's hydrocodone, the opiate that is in Vicodin.



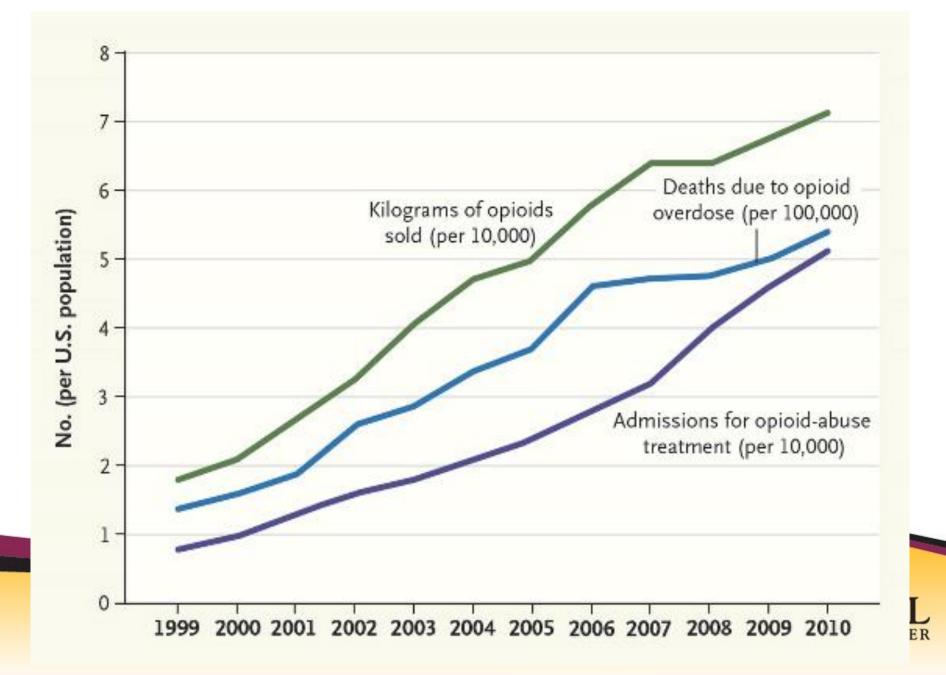


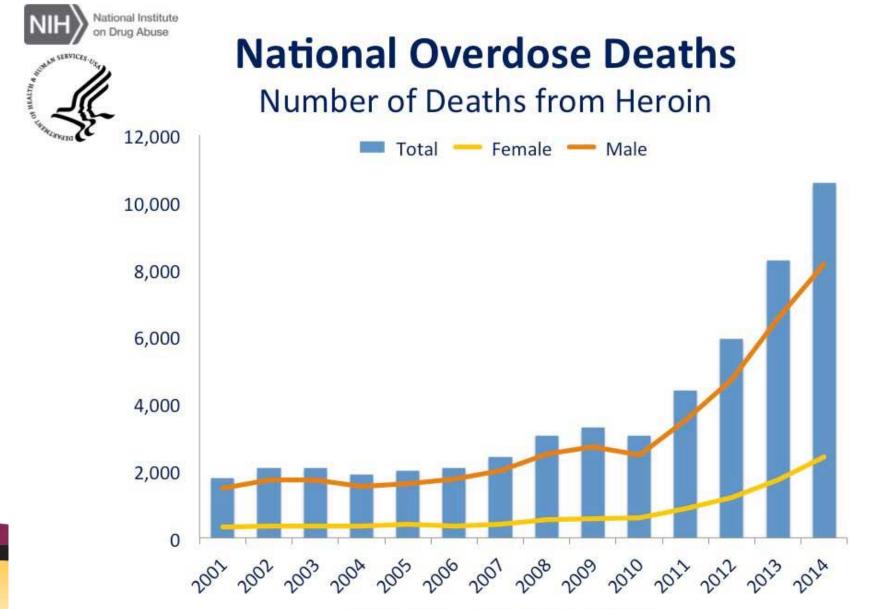


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Source: National Center for Health Statistics, CDC Wonder

How did we get here?

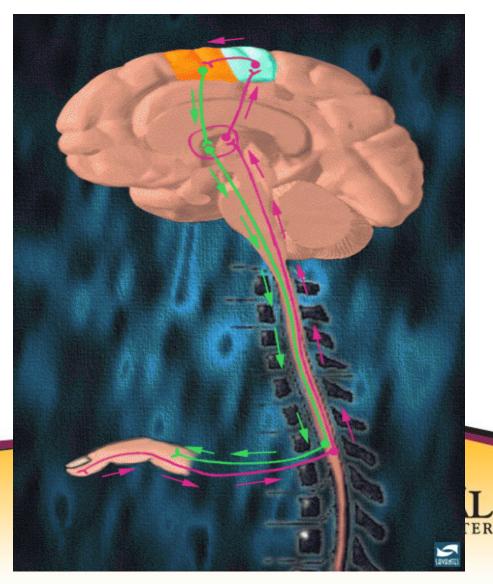
<u>http://www.thepoisonreview.com/2012/12/1</u>
<u>6/the-money-and-influence-behind-pain-as-a-fifth-vital-sign/</u>



How do Opiates Work?

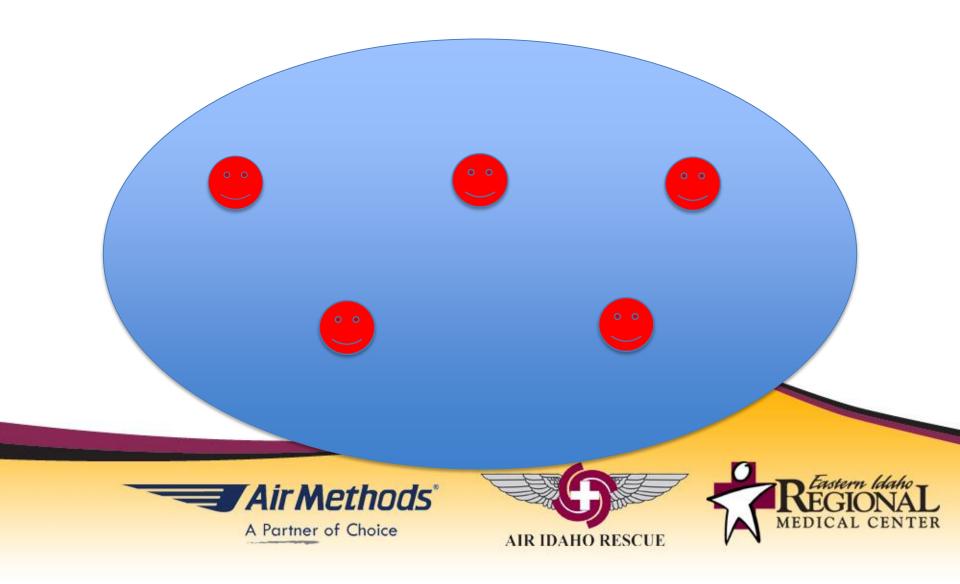
Pain travels to our brain and tells us it hurts.

Our brain, in response, tells us to do something about it!

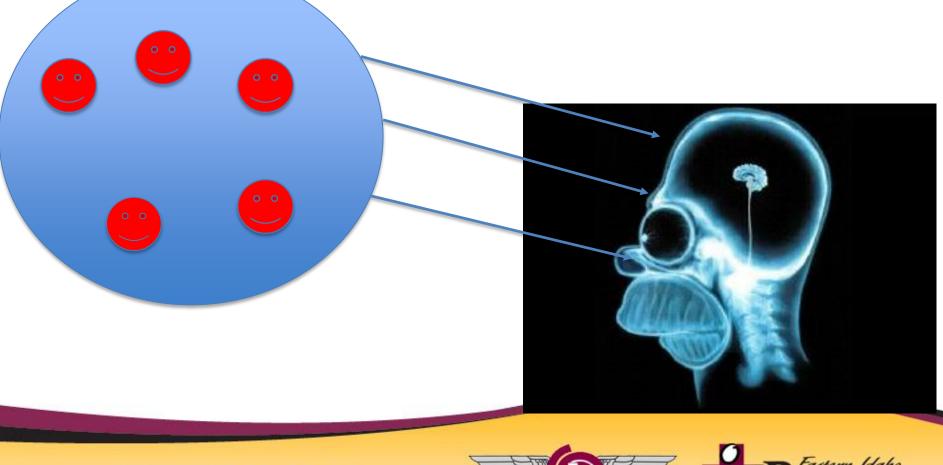




Opiate Receptors



Receptor Communication









Receptor Communication With Pain

This causes endogenous endorphins to be released to ease the sense of pain.

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DOH!

How do receptors respond when stimulated by opiates?



Receptor Communication on opiates

<u>Chronic opiate use will decrease the</u> <u>body's natural endorphin release.</u>

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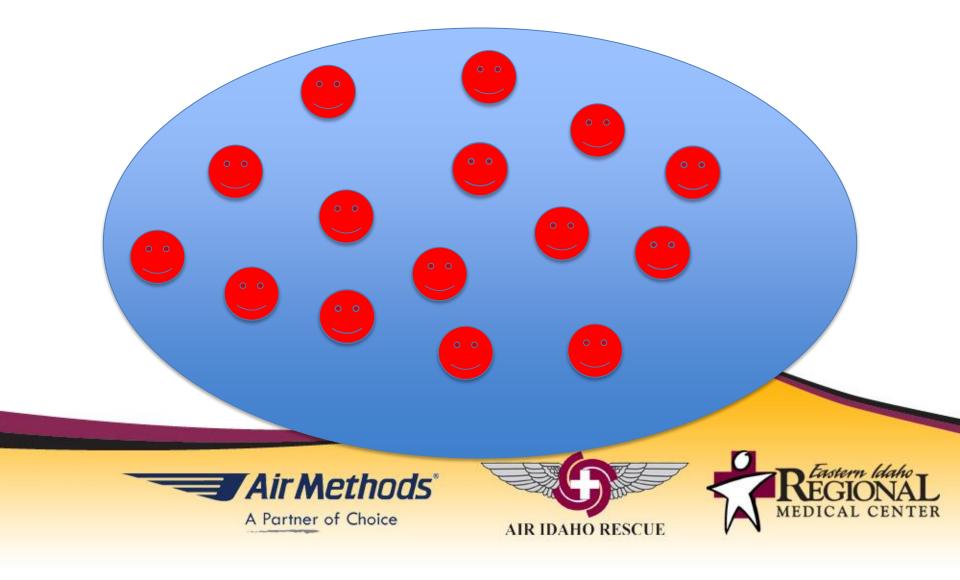




What if opiates are taken for a prolonged amount of time?



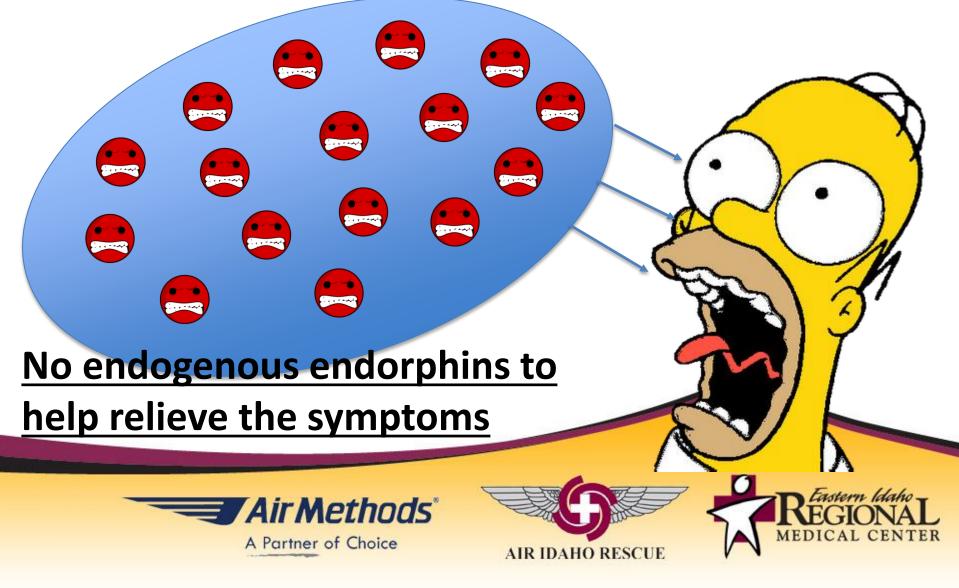
Body's Response to Opiates



Now there are more receptors to send communication signals to the brain.



New Response to Pain (and Withdrawal)



Chronic Use and Overdose

- Main side effect from increase in opiate receptor blockade is cognitive decline and respiratory depression.
- <u>https://youtu.be/dgFFzbIXe9Y</u>
- Side effects also include narcotic bowel syndrome and opioid induced hyperalgesia



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Why So Addicting?

<u>Chemical dependence-</u> without the drug, users have a feeling which is the opposite of euphoria

Psychologic dependence-addiction, including opiates, causes hardwire changes in the brain



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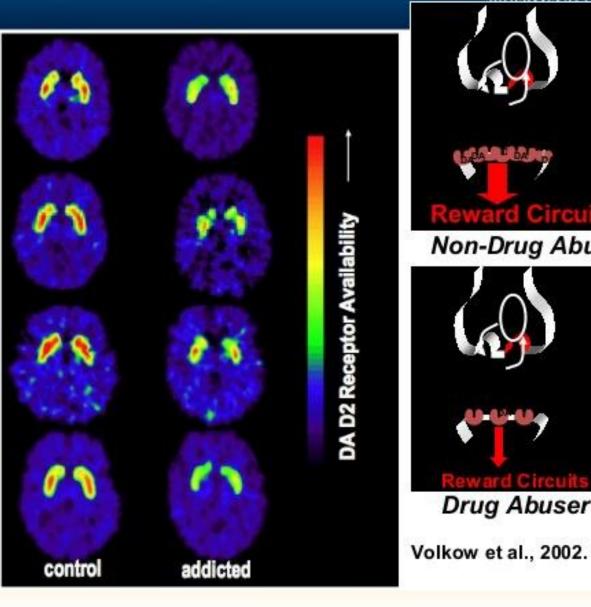
Dopamine D2 Receptors are Lower in Addiction













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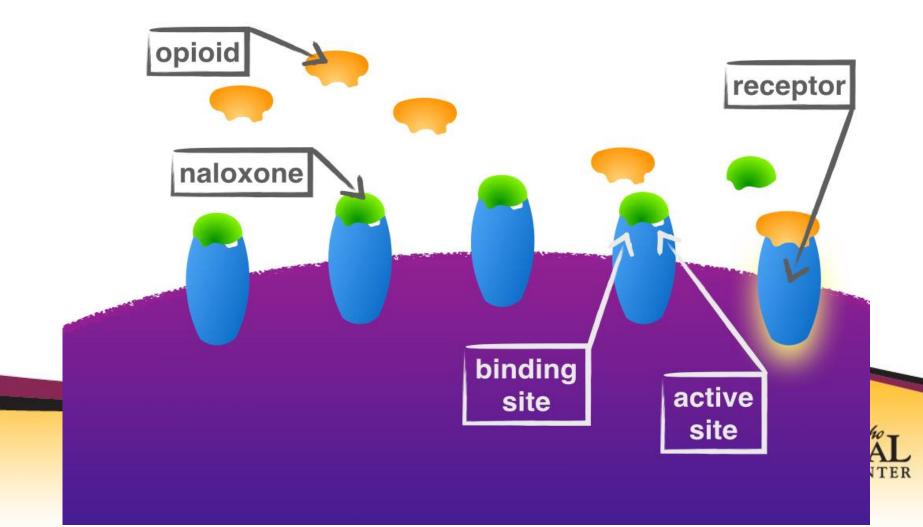
Options we have for helping opiate abusers and overdosed patients.



Short Term and Immediate Life Saving Treatment



Works by Binding Opiate Receptors



When to Use Narcan

- Suspected opiate overdose with respiratory compromise
- Be cautious in long term opiate users as it can cause severe withdrawal symptoms.
 - Use with opiate Naïve users will not cause withdrawal symptoms.







Narcan Offers Quick Results (3-5min)

Doses

- -IV
 - 0.4-2 mg SC/IM/IV q 2-3 min
- Intranasal route
 - 1 mg in each nostril X 1. may repeat in 3-5 min
- ETT route
 - 0.8-5 mg EET q 2-3 min



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Narcan-Latest News



'SAVING ADDICTS: Narcan to be sold overthe-counter'





Take Home Points

- Opiates come from opium and the are basis for prescribed and illegal drug abuse.
- Noticing drug paraphernalia can be a helpful clue into treating obtunded patients.
- Use Narcan liberally.



Thank You!





